

Daily Registration Log Sheet

Health Center Regulations

- All members and guests using the Gym and Health Club do so at their own risk and sole responsibility, preferably with prior approval from your physician
 - The Spa and Health Club will not be responsible for any injuries or illness caused to members
 - The Spa accepts no responsibility whatsoever for monies, valuables or other property of Members
 - Children under 18 years of age are not permitted to use the Gym equipment

- Do not exercise if you have consumed any intoxicating substance within the last 3 hours
 - Any misuse of equipment is forbidden
 - Shirts and athletic shoes must be worn at all times, no wet bathing suits or street shoes should be worn in the Gym
 - Please ensure discreet use of mobile phones, maintaining respect for others at all times