

Daily Registration Log Sheet

Date	Name	Guest/ Visitor Room No.	Time		Activity
			In	Out	

Health Center Regulations

- All members and guests using the Gym and Health Club do so at their own risk and sole responsibility, preferably with prior approval from your physician
- The Spa and Health Club will not be responsible for any injuries or illness caused to members
- The Spa accepts no responsibility whatsoever for monies, valuables or other property of Members
- Children under 18 years of age are not permitted to use the Gym equipment
- Do not exercise if you have consumed any intoxicating substance within the last 3 hours
- Any misuse of equipment is forbidden
- Shirts and athletic shoes must be worn at all times, no wet bathing suits or street shoes should be worn in the Gym
- Please ensure discreet use of mobile phones, maintaining respect for others at all times